



# ACE Interface Training

Wednesday, April 25, 2018 9:00 am – 3:30 pm

Lawrence Community Center, 600 E Main St, Anamosa, IA 52205

This course provides an in-depth look at adverse childhood experiences and is designed for educators, human service providers, law enforcement, and others concerned about the resiliency and wellbeing of individuals who have experienced trauma. Participants will be able to:

Define Adverse Childhood Experiences

Explain the research behind ACES and how it impacts the developing brain at critical stages

Describe the impact of ACES on those we serve

List resiliency strategies for individuals impacted by ACES to improve outcomes

## AGENDA

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|-------------|---|
| 9:00-9:15   | Welcome and Introductions   |
| 9:15-10:00  | Impact of Toxic Stress on Brain Development (Jean Sullivan)                                 |
| 10:00-10:15 | Break   |
| 10:15-11:15 | The ACEs Study (Diana Strahan)  |
| 11:15-11:30 | Resilience – Core Protective Systems (Jean Sullivan)  |
| 11:30-12:00 | Lunch (Provided)  |
| 12:00– 2:00 | Implementation Strategies-Working with individuals with trauma backgrounds (Melissa Walker) |
| 2:00- 2:15  | Break   |
| 2:15-3:15   | Panel discussion: Additional perspectives on serving individuals with ACEs                  |
| 3:15-3:30   | Resources, Q&A and Evaluations  |

## CEU CREDIT

5.5 CEUs have been approved by the Iowa Board of Certification in Counseling Theories or Special Populations.

## ABOUT THE TRAINERS

**Melissa Walker** is an Advanced Certified Prevention Specialist and Deputy Director at the Area Substance Abuse Council. Melissa's education and training includes a BA in Psychology and extensive training in resiliency, prevention, trauma and creating community change. She has been working in prevention for over 15 years. Melissa has both a personal and professional interest in ACEs and trauma informed care, and has been educating community members on trauma informed practices for the past five years.

**Diana Strahan** is the 1<sup>st</sup> Five Site Coordinator for HACAP's 1<sup>st</sup> Five Program, which is an Iowa Department of Public Health Program that works with primary care medical providers to identify young children with developmental delays and their families who are living with stress and adversity. 1<sup>st</sup> Five staff works with the family to connect them with resources that can reduce the family's overall stress which, in turn helps the family build resiliency. Diana has a BBA in Management and an AA in Early Childhood Education. She has been doing work around ACEs/Resiliency for the last four years and is a trained presenter for ACE Interface. In the last two years, she has been facilitating presentations of the documentaries Paper Tigers and Resilience, as well, as presenting on ACEs/Resiliency to various groups in the community, including medical providers, nurses, college students, school district teachers and staff, social workers, child care providers, DHS staff, as well as many other professionals and community members.

**Rev. Jean M. Sullivan** provides ACEs related trainings to schools, agencies, civic organizations and home visitors, including *ACE Interface*, *Connections Matter* and *Lemonade for Life*. She has spoken on the Church's response to ACEs at the *Rural Ministry Conference* and *Prevent Child Abuse Iowa's* annual conference. In addition to her work as a pastor in Monticello, she works for the University of Kansas assisting home visitation programs in Iowa.

## ABOUT THE PANELISTS

**Laura Medberry** currently serves College Community Schools as the Coordinator of Social and Student Services. Two of Laura's professional interests related to ACEs include designing trauma-informed strategies with teachers and supporting student wellness by collaborating with families, educators, and the mental health care community.

**Abby Seyfer, LISW, RPT** graduated with her MSW from the University of Iowa in 2013 and since that time she has been a therapist in both the outpatient clinic as well as school-based programs at Tanager Place. Most recently she began working as the clinician supervisor of the School Based Program, responsible for providing guidance and clinical support for the fourteen school-based therapists employed through Tanager Place. Abby has experience working with both individuals and families, with particular attention to both systems and attachment theories. Prevention and education are also important work for Abby, who provides training specific to trauma-informed practices in schools as well as how to encourage positive connections within the parent/child relationship.

**Jennifer Tibbetts** holds a Master's in Social Work and has 18 years experience working in social services. Since 2008, Jennifer has been in the role of Transitional Housing Program Manager at the Catherine McAuley Center, serving women that are experiencing homelessness through female-responsive programming. Jennifer serves as the Chair of the Linn County Continuum of Care and is the Chair of the Iowa Task Force for Young Women.

### Registration

**ACE Interface- Wednesday, April 25, 9-3:30 pm at the Lawrence Community Center in Anamosa**

**Email this Registration form to Jennifer at [jhusmann@asac.us](mailto:jhusmann@asac.us) or call 462-4327 x202.**

Name \_\_\_\_\_

E-mail address: \_\_\_\_\_

Phone number: \_\_\_\_\_

**Cost is \$10. (This covers the cost of the on-site lunch and snacks.) Please indicate if you have a special dietary need and we'll try to accommodate.** \_\_\_\_\_

Checks can be made to: **Jones County Safe and Healthy Youth Coalition (JCSHYC)**

And mailed to: 110 S. Williams St., Suite A, Anamosa, IA 52205

**Please register by April 20. Training is limited to the first 40 participants.**